

# Brighter LIVING FAIR

## Programme of Events 1 – 10 October 2022

Brighter Living Fair festival is for adults looking for care and support services in Wandsworth that promote healthy, safe and independent lifestyles. Local organisations will be hosting a number of events varying from arts & crafts to learning to get online, to the Silver Sunday fair.

The programme of events is outlined below, please contact the relevant organisations direct to pre-book a place if it is not a drop-in event.



Name of organisation	Brighter Living Fair Activity	In person or online	Date and time	Open to all or members only	Venue	RSVP
<b>Tooting Pharmacy Practice</b>	Vitamin D Awareness	In-person	Saturday 1st -10th October 10am - 4pm	Open to all adults	175 Upper Tooting Road	<b>Just turn up!</b>
<b>Wandsworth Council</b>	Silver Sunday Fair & Tea Dance	In-person	Sunday 2nd October 10.30am - 4pm	Open to all adults	Civic Suite, Wandsworth High Street, SW18 2PU	<b>Just turn up!</b>
<b>Age UK Wandsworth</b>	Coffee Morning	In-person	Monday 3rd October 11am - 12:30pm	Open to all adults	Joan Bartlett House, Mary Court, 31 Prince of Wales Drive, SW11 4SJ	<b>outreach@ ageukwandsworth.org.uk tel: 020 8817 1717</b>
<b>Age Well: Hestia</b>	Songs on Wheels Musical Event	In-person	Monday 3rd October 1pm - 3pm	Open to all adults	Manresa Clubroom, Fontley Way, SW15 4NF	<b>Jenny.bailey@hestia.org tel: 07826 779684</b>
<b>Live Again Singing Project</b>	Stories and Singing	In-person	Monday 3rd October 2pm	Open to all adults	Age Activity Centre, 966 Garratt Lane, SW17 0ND	<b>Just turn up!</b>
<b>Age UK Wandsworth</b>	Digipals @ Putney Job Centre	In-person	Tuesday 4th October 1pm - 3pm	Open to all adults	Job Centre, Putney Exchange, Unit 7b - 8b, Putney High Street, SW15 1TW	<b>outreach@ ageukwandsworth.org.uk</b>

E&O. Information correct at the time of publishing

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<b>Dew Drop In Seniors Club &amp; Lunch Club</b>	Dew Drop In Wellness Cafe	In-person	Tuesday 4th October 10:30am	Open to all adults	Balham Baptist Church, 21 Ramsden Rd, Balham, SW12 8QX	<b>tel: 07941 189194</b>
<b>Katherine Low Settlement</b>	KLS 60+ Community Day - Helping Yourself & Each Other	In-person	Tuesday 4th October 10am	Open to all adults	108 Battersea High Street	<b>sarahg@ klsettlement.org.uk</b>
<b>Wandsworth Carers Centre</b>	Trip to Apple Store in Regent Street - Skills Workshop	In-person	Tuesday 4th October 12.30pm	Open to all carers	46 Balham High Road SW12 0HA	<b>info@ wandsworthcarers.org.uk</b>
<b>Age UK Wandsworth</b>	Sheltered Accommodation & Digipals & Advice	In person & online	Wednesday 5th October	Members only	Ashburton Estate	<b>outreach@ ageukwandsworth.org.uk</b>
<b>Generate Opportunities</b>	Wellness Day	In-person	Wednesday 5th October 10am - 4pm	Open to all adults	Security House, 73 Summerstown, SW17 0BQ	<b>Just turn up!</b>
<b>Gwynneth Morgan Day Centre</b>	Coffee Morning	In-person	Wednesday 5th October 10:30am - 12:30pm	Open to all adults	Gwynneth Morgan Day Centre, East Hill, SW18 2HJ	<b>outreach@ ageukwandsworth.org.uk tel: 020 8817 1717</b>
<b>Hestia Age Activity Centre</b>	Dance & Karaoke for Older People	In-person	Wednesday 5th October 1:30pm	Open to all adults	Age Activity Centre, 966 Garratt Lane, Tooting, SW17 0ND	<b>Oumou.Diallo@hestia.org tel: 07990 041751</b>
<b>Regenerate-RISE</b>	Kings and Queens SW11	In-person	Wednesday 5th October 12pm	Open to all adults	St Michael's C of E Church, Cobham Close, Battersea SW11 6SP	<b>lisabryan@ regenerate-rise.co.uk tel: 07769 262525</b>
<b>Wandsworth Asian Women Association</b>	Promotional Lunch	In-person	Wednesday 5th October 12pm	Members only	Mantle Court, Mapleton Road, London SW18 4AU	<b>tel: 07960 796424</b>
<b>Wandsworth Carers' Centre</b>	Walk, Talk, Tea & Mini Golf	In-person	Wednesday 5th October 11am	Members only	Battersea Park	<b>info@ wandsworthcarers.org.uk tel: 020 8877 1200</b>

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<b>Xyla Health &amp; Wellbeing</b>	NHS Diabetes Prevention Workshop	Online	Wednesday 5th October 12:30pm	Open to all adults	Zoom / MS Teams	<a href="mailto:mosope.ojo@xylahealth.com">mosope.ojo@xylahealth.com</a>
<b>Age UK Wandsworth</b>	Digital Open Day	In-person	Thursday 6th October 10am - 4pm	Open to all adults	Gwynneth Morgan Day Centre, East Hill, SW18 2HJ	<a href="mailto:outreach@ageukwandsworth.org.uk">outreach@ageukwandsworth.org.uk</a> tel: 020 8817 1717
<b>Community Drug &amp; Alcohol Recovery Services</b>	Staying Connected	In-person	Thursday 6th October 11am	Open to all adults	117 Cedars Road, London SW4 0PW	<a href="mailto:info@cdars.org.uk">info@cdars.org.uk</a>
<b>NHS South West London</b>	NHS Self Management	In-person	Thursday 6th October 10am - 4pm	Open to all adults	Wandsworth Town Library	<a href="mailto:Jamil.Miah@swlondon.nhs.uk">Jamil.Miah@swlondon.nhs.uk</a> tel: 020 3880 0267
<b>Regenerate-RISE</b>	Kings and Queens SW15	In-person	Thursday 6th October 12pm	Open to all adults	The Platt Mission 22 Felsham Road SW15 1DA	<a href="mailto:1DAordebbie@regenerate-rise.co.uk">1DAordebbie@regenerate-rise.co.uk</a> tel: 020 8780 9330
<b>St Michael's and St Stephen's Church</b>	Sparkle Intergenerational Fun Day	In-person	Thursday 6th October 10:30am	Open to all adults	St Stephen's Church Hall, Manfred Road, SW15 2RS	<a href="mailto:emma@stmikes-ststeves.org.uk">emma@stmikes-ststeves.org.uk</a> tel 020 8877 3003
<b>St Paul's Community Centre</b>	Fun Activities Afternoon	In-person	Thursday 6th October 1:30pm	Open to all adults	St Paul's Community Centre, 23 Inner Park Road, SW19 6ED	<a href="mailto:CommunityCentre@stpaulsparkside.org.uk">CommunityCentre@stpaulsparkside.org.uk</a> tel: 07941 189194
<b>Talk Wandsworth</b>	Managing Your Wellbeing	In-person	Thursday 6th October 1pm-4pm	Members only	Balham & Tooting Sports & Social Club, 94 Balham High Road SW12 9AA	<a href="mailto:noel.brown@swlstg.nhs.uk">noel.brown@swlstg.nhs.uk</a>
<b>Thrive Battersea</b>	Gardening for Health & Wellbeing	In-person	Thursday 6th October 11am	Open to all adults	Thrive Main Garden, Battersea Park (East Carriage Drive)	<a href="mailto:battersea@thrive.org.uk">battersea@thrive.org.uk</a>
<b>Wandsworth Carers Centre</b>	Trip to Apple Store in Regent Street - Art Tour	In-person	Thursday 6th October 12.30pm	Open to all carers	47 Balham High Road SW12 0HA	<a href="mailto:info@wandsworthcarers.org.uk">info@wandsworthcarers.org.uk</a>

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<b>Wandsworth Community Transport &amp; Shopmobility</b>	Wandsworth Shopmobility Open Day	In-person	Thursday 6th October 10am - 4pm	Members only	Wandsworth Shopmobility, 45 Garratt Lane, Wandsworth SW18 4AD	<b>Just turn up!</b>
<b>Wellbeing Coach - Stephanie Veillas</b>	Wellbeing Through Yoga, Breath, Mindfulness & Sound	In-person	Thursday 6th October 7pm	Open to all adults	Rose Community Clubroom, 22 Ascalon Street, Nine Elms, London SW8 4AN	<a href="mailto:steveil@hotmail.com">steveil@hotmail.com</a>
<b>Wandsworth Community Transport &amp; Shopmobility</b>	Wandsworth Shopmobility Open Day	In-person	Friday 7th October 10am - 4pm	Members only	Wandsworth Shopmobility, 45 Garratt Lane, Wandsworth SW18 4AD	<b>Just turn up!</b>
<b>Earlsfield Community Land Trust</b>	Earlsfield Regeneration & Social Value Treasure Hunt	In-person	Saturday 8th October 12pm	Open to all adults	Kimber Skate Park - Start and Finish	<a href="mailto:conway_brendan@hotmail.com">conway_brendan@hotmail.com</a>
<b>DORCAS</b>	Becoming Digital Savvy	In-person	Sunday 9th October 11am	Open to all adults	64 Garfield Road, London SW11 5PN	<a href="mailto:info@dorcasprovider.com">info@dorcasprovider.com</a> <b>tel: 07984 777681</b>
<b>Putney School of Art &amp; Design</b>	Arts & Crafts Fair - Made in Putney	In-person	Sunday 9th October 11am-4pm	Open to all adults	Oxford Road, Putney, SW15 2LQ	<b>Just turn up!</b>
<b>Putney School of Art &amp; Design</b>	Drawing & Painting Workshop	In-person	Sunday 9th October 1pm-4pm	Open to all adults	Oxford Road, Putney, SW15 2LQ	<b>Just turn up!</b>
<b>Putney School of Art &amp; Design</b>	Printmaking Workshop	In-person	Sunday 9th October 1pm-4pm	Open to all adults	Oxford Road, Putney, SW15 2LQ	<b>Just turn up!</b>
<b>A2ndvoice CIC</b>	Autism Ageing: Our Voices Count	In person & online	Monday 10th October 2pm	Members only	Venue to be confirmed	<a href="mailto:info@a2ndvoice.com">info@a2ndvoice.com</a>
<b>Wellbeing Coach - Stephanie Veillas</b>	Wellbeing Through Yoga, Breath, Mindfulness & Sound	In-person	Monday 10th October 8pm	Open to all adults	Rose Community Clubroom, 22 Ascalon Street, Nine Elms, London SW8 4AN	<a href="mailto:steveil@hotmail.com">steveil@hotmail.com</a>