Issue 197 July 2022 The magazine of Wandsworth Council

Fighting homelessness Page 7

Support with the cost of living Page 13

Wandsworth

MONDAY

Take the car in for service (2hrs)

Get insurance renewal sorted (try not to take <u>all</u> day) .

Aged 40-74? Find out about getting a FREE NHS Health Check - it's quick, simple and one less thing to worry about.

NHS HEALTH CHECK!

20mins/

You might be feeling great, but if you're over 40, the risk of heart disease, stroke, kidney disease, diabetes or dementia increases. An NHS Health Check is a quick way to see how you are doing, catch problems early, and keep you at your healthiest for longer.

To find out if you're eligible, visit Wandsworth.gov.uk/healthchecks





Inside

July 2022

Cover: He bangs the drum. The launch of the Wandsworth Arts Fringe

Nominations open for Wandsworth Civic Awards

Citizens' Assembly will tackle air pollution PAGE 8

Living Wage pledge PAGE 12

Help with the cost of living PAGE 13

Your new council PAGES 16-17

Get on board the health bus PAGES 18-19

Jubilee party round-up PAGES 12-23

Summer Fun programme PAGES 24-25

What's On PAGES 27-29

To obtain a copy of Brightside in large print please telephone (020) 8871 7266 or email brightside @ wandsworth.gov.uk

YOUR BRIGHTSIDE

Your Brightside is distributed by Lbox Communications. We expect all copies of Brightside to be delivered to every home in the borough and pushed fully through the letterbox.

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Brightside is printed on environmentally friendly paper, please recycle.







Groove on the Green in York Gardens was a chance for local people to enjoy some free dance performances. Picture Belinda Lawley.





GoDustBusters Ltd

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Servicing South West London and beyond!

One call cleans it all: 07551989880 info@godustbusters.co.uk www.godustbusters.co.uk

Home is where the art is

Tens of thousands of people came along to watch one of 150 Wandsworth Arts Fringe (WAF) events all over the borough last month.

WAF is the council's flagship arts event and venues include theatres, pubs, parks, streets and churches. Most performances were live again following the move online during the pandemic, and included dance, theatre, music, comedy, spoken word performances and exhibitions.

Arts and culture spokesperson Cllr Kemi Akinola said: "This was our most diverse WAF line up yet and was a really exciting, accessible event. Thanks to everyone who took part or came along and we look forward to WAF 2023."

Wandsworth Council's arts team organise WAF and other events, support artists and creative organisations and help develop and promote the borough's cultural life. Visit wandsworth.gov.uk/arts



I want to keep Wandsworth special - and make sure everyone can benefit from the fantastic opportunities and prosperity it provides.

Together, we will create a compassionate council that truly listens. That creates genuinely affordable homes and safer, greener neighbourhoods.

Our vision is based on fairness and common sense. We are ambitious for everyone in our borough.

It's unacceptable that people can't find a home in their own neighbourhood. We will build homes for local people, and put in place a serious plan to tackle the tragedy of homelessness.



Let's make Wandsworth more equal. We'll pay our workers a living wage, keep council tax low and do everything we can to help our residents struggling with the cost of living crisis.

Let's make Wandsworth more sustainable. We'll take ambitious action to make sure our council is carbon neutral by 2030. We all have a part to play, and later this year we will convene a Citizens' Assembly so that we are all working together to find solutions to the poor air quality in our borough.

We will do all we can to keep our residents safe, happy and healthy. Too many residents have the fear of crime blighting their daily lives. We will take robust action: support more law enforcement officers, install more CCTV, fund more youth workers and double domestic violence support.

Children are our priority and their wellbeing will be at the heart of our policies. This summer we will provide a brilliant range of activities that all our young people can enjoy – with targeted support including free meals and activities.

I'm grateful for the chance to serve and look forward to us working together as a community to make Wandsworth an even better place to live.

Cllr Simon Hogg the new leader of Wandsworth Council



Nominate a community champion



Do you know someone who has made a real difference to their community, but whose efforts go unrecognised? You could nominate them for a Wandsworth Civic Award.

They could be someone who has helped out their neighbours, given up their free time to volunteer, organised a community event or carried out an exceptional act of bravery.

This year there will also be four special awards:

- For those who have shown leadership on the issue of climate change and the environment.
- For a group and for an individual who have gone above and beyond to help those affected by the conflict in Ukraine or conflict in other parts of the world.
- For those who have contributed to individual and community recovery from the Covid-19 pandemic.

All entries will be considered by a panel of judges and the winners will be revealed at a ceremony on November 2.

Mayor of Wandsworth Cllr Jeremy Ambache said: "The Wandsworth Civic Awards are an opportunity to shine a spotlight on people who go out of their way to help others. As our community continues to recover from the pandemic, welcomes refugees from Ukraine and faces issues including the climate emergency and the rising cost of living, we need our local heroes more than ever.

"If you know someone who deserves to have their efforts recognised, let us know so we can give them the recognition they deserve."

Anyone can nominate, and the closing date is September 1.

Find out more and nominate at wandsworth.gov.uk/civicawards

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Visit our website or scan the QR code for more info.

stcg.ac.uk

DISCOVER YOUR DIRECTION

Making sure people have a home

Wandsworth is to make a £1.18m investment in improving support for homeless people.

The council will create 23 new full-time jobs for staff focusing solely on preventing homelessness and supporting the homeless.

In addition, the sale of vacant properties will be suspended and &8m will be made available to buy larger replacement properties. A major review will report back in the autumn to look at whether the council is doing all it can with its own properties to ensure there are enough available homes.

Cabinet member for housing Cllr Aydin Dikerdem said: "This is the first in a raft of measures we will bring in to ensure Wandsworth people and their families have secure, genuinely affordable homes.

"We will no longer tolerate our residents priced out of their own borough, preyed upon by unscrupulous landlords or, worst of all, with no home at all.

"We believe that there should be no homeless people in our community, and Wandsworth children should not wake up homeless in council temporary accommodation. I believe we are taking the vital first steps."

Making homes more energy efficient

Around 350 homes in 42 council blocks are to be made more energy efficient to help save people money.

The council has partnered with Warmfront to improve the homes' Energy Performance Certificate (EPC) banding by installing cavity wall installation. Warmfront surveyed all the council's 33,000 properties to identify the properties that are eligible for cavity wall installation, funded through the Government's ECO scheme.



Cllr Aydin Dikerdem, cabinet member for housing, said: "The cost of living crisis is being felt by families across Wandsworth, so it is crucial to make sure our council homes are warm and well insulated in order to protect people from high energy costs.

"Upgrading our homes through 'retrofitting' not only saves people on their bills, but also protects people's health and wellbeing from cold and damp, reduces fossil fuels use and creates skilled green jobs for the future."

Take care

We are taking the vital

first steps

Cllr Aydin Dikerdem

when charging

Following more than 70 fires in London last year involving e-scooters and e-bikes, Wandsworth Council is urging people to take care when charging their vehicle in their home.

Allow batteries to cool down, don't leave them charging when you are out or asleep, don't expose them to extremes of temperatures, try to prevent them becoming damaged, always use the correct charger and unplug it when you have finished. For full advice visit **london-fire.gov.** uk/safety/the-home/ e-scooters-and-e-bikes

Citizens' Assembly to tackle air pollution

A Citizens' Assembly will bring the borough together in a bid to clean up the air.

In the autumn the council will convene the assembly made up of a representative group of local people. Senior councillors and officers will support the assembly to put together an action plan on how to tackle pollution hot spots.

Take s

The council will also step-up work to tackle climate change, such as decarbonising its vehicle fleet and buildings, including council homes. In September there will be a review of borough-wide emissions targets and a close look at the findings of a comprehensive climate risk assessment. These will feed into targeted support to residents, businesses and schools to reduce emissions.

"Getting to net zero is the mission of our generation and the next four years are crucial if we are to achieve this," said the council's environment cabinet member Cllr Judi Gasser.

"We heard from residents how important tackling climate change is to them. We will reflect this ambition in our borough-wide target as well as identifying areas in Wandsworth where the greatest impact of climate change will be felt so that we can target support. We can only tackle climate change by working together. That means listening to each other and finding a way to move forward."

Getting to net zero is the mission of our generation Cllr Judi Gasser



Cleaning up the air

Wandsworth marked Clean Air Day last month with events for businesses, community groups and local people.

The Big Fuel Up at The Ram Quarter, Wandsworth was a chance for businesses and groups to find out about using cargo bikes. They were able to meet other businesses using them, including wine bar Humble Grape and the Wandsworth Parks Police, as well as providers including pedal-powered taxi and cargo service Pedal Me and EcoFleet Mindful Deliveries. If you missed it, visit wandsworth.gov.uk/ cargo-bikes

At Clapham Junction residents could meet members of the council's clean air team, get tips on what they could do to improve air quality, get their bike marked and enjoy a free trip on a cargo bike taxi.

> the source BULK FOODS SUSTAINABLE FOOD | PLASTIC-FREE

CUPBOARD ESSENTIALS

AT GREAT PRICES

Find out more about clean air day at actionforcleanair.org.uk

Come visit us in Battersea, SW11 1QY & Putney, SW15 1SU Your local plastic-free food & household refill store Nuts | Pasta | Cereals | Snacks | Household | & More www.thesourcebulkfoods.co.uk @ @thesourceunitedkingdom



ARGO BIKE

TAXI

With professional help you are 4 times more likely to quit smoking for good

Find out more about FREE support

Call the 24 hour freephone on 0800 389 7921

email: stopsmoking.team@wandsworth.gov.uk visit: wandsworth.gov.uk/stopsmoking

or call the Stop Smoking London helpline on 0300 123 1044

Visit: stopsmokinglondon.com



Supporting clean green travel

More school streets, bike hangars and electric vehicle charging points are on their way, Wandsworth Council's new transport chief has promised.

And Cllr Clare Fraser said encouraging cleaner sustainable transport will be a key part of council efforts to reduce air pollution and address the climate change emergency.

The roll-out of vehicle charging points will be expanded, and they will be equally spread out across all neighbourhoods, while the number of bike hangars available for people to store their cycles will be doubled – adding storage space in streets across Wandsworth for an additional thousand bikes.

And there will be more school streets, which ban cars from streets with a school entrance in during drop-off and pick-up time. Where school streets can't be put in, junctions will be made safer. Find out which schools have school streets at wandsworth.gov.uk/school-streets-scheme

"We will review all the council's major transport schemes over the next few months," said Cllr Fraser. "We need to ensure they are delivering for Wandsworth and are moving at the pace local people expect.

"I will be working very closely with cabinet member for the environment Cllr Judi Gasser and senior council officers to ensure our transport policy is an integral part of our work to clean up some of the shockingly poor air in parts of our borough."

 Wandsworth

 Schooth

 Schooth

 Schooth

 Space

 Supporting

 Safer and healthier

 Safer and healthier

 Supporting

 Supporting

<

Monday - Friday (term time only) 8:20am - 9:15am 14:36pm - 15:45pm Pedestrian and Cycle only



We will review all the council's major transport schemes over the next few months **clir clare Fraser**



Work Match is coming to you

Work Match's Housing Employment Officers are visiting key estates to deliver employment support in your local area.

Working closely with Wandsworth Council's Housing Department, Work Match is helping our social housing residents get access to job vacancies and training.

Work Match has already supported more than 2,000 residents into work and over the next few months will be working with hundreds of employers such as high street retailers, sports shops and event companies bringing thousands of new jobs to the local area.

Get free support from application to interview so you stand out from the crowd. With thousands of new jobs being created across Wandsworth, your Housing Employment Officer can offer you tips on writing CVs, application forms, interview advice and job searching.

You may be returning to work, changing career, just starting out or keen to work closer to home. Work Match offers a range of free training for Wandsworth residents including SIA security training, CSCS cards, hospitality management, business admin and more.





To find out more, contact Work Match directly By phone 020 8871 5191 By email Wandsworthworkmatch@wandsworth.gov.uk Or visit our website www.wandsworthworkmatch.org

Living Wage pledge

All new contracts signed by the council must guarantee workers the Living Wage, Wandsworth has pledged.

Council leader Cllr Simon Hogg said: "Any company that tenders for a council contract will need to guarantee that their workforce is paid the Living Wage as a minimum. This includes people who do some of the borough's most difficult and challenging jobs, including those who clean our streets, collect our refuse and recycling and care for the sick and elderly in care homes.

"There is no moral justification for paying people less, especially at a time when household bills are going through the roof and families are struggling."

Equality care

A pioneering pilot project will support work in Wandsworth Council to ensure workplace equality and transform social care.

Wandsworth is one of 18 councils nationwide adopting a social care Workplace Race Equality Standard. It will collect information about the experience and treatment of staff from black, Asian and minority ethnic backgrounds and other marginalised communities in order to support their professional development. It will also ensure that social care clients receive culturally appropriate care and support.



Help shape play revamp

The council is seeking your views on how to spend £187,000 earmarked for the refurbishment of the Coronation Gardens play area in Southfields. An additional £30,000 will be spent on biodiversity improvements.

People who live near or who visit Coronation Gardens are being asked how they use this green space and how they think it could be improved. Visit haveyoursay.citizenspace.com/ wandsworthecs/coronation-22 from July 25.

Cancer support

If you or someone you know aged over 18 has had a cancer diagnosis, support is available from Macmillan in association with Enable and the local health service.

The Community Cancer Link Worker provides personalised emotional support and the Macmillan Move More Service offers a personalised physical activity programme. Speak to your GP or email waccg.cancerlinkworker@nhs.net or swlccg.movemorewandsworth@nhs.net

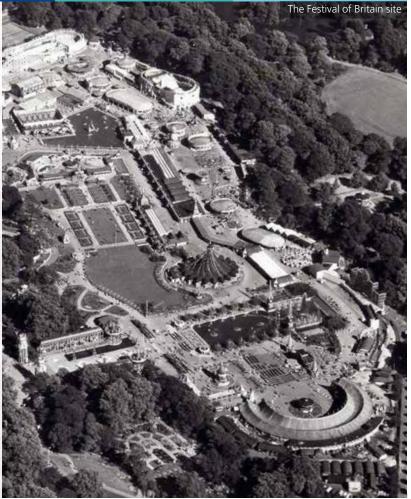
Big Dipper memorial planned

A memorial is planned in Battersea Park to honour the memories of five young people who were killed in a fairground accident 50 years ago.

The Fun Fair in Battersea Park was established during the Festival of Britain in 1951. Tragedy struck on the afternoon of May 30, 1972 when the train on the Big Dipper roller coaster became detached and crashed.

The council is talking to the families and friends of the young people to come up with a fitting memorial. In the meantime the Mayor of Wandsworth and local MP Marsha de Cordova have planted a memorial tree near the park's peace pagoda.





12 Brightside

New Cost of Living Commission

Wandsworth has put together a package of support to help local people who are struggling financially.

A new Cost of Living Commission will meet in the autumn, bringing together independent experts who will go out into the community to speak to local people. They will bring what they find back to the council so that a set of actions can be drawn up.

Plans are also being drawn up for a Cost of Living Hub made up of different council departments and Citizens Advice Wandsworth. This will give residents a single point of contact to request help.

The voluntary sector is to be given an extra £100,000 via the Wandsworth Grant Fund to enable it to provide more support, and the council will focus on 'getting people out of debt rather than just getting debt out of people' by providing targeted support to residents falling behind with payments.

Gaps in the Government's Council Tax Energy Rebate Scheme will be plugged so that people who are not liable for council tax, or who live in ineligible property bands but are on means tested benefits, are able to get payments. Extra financial support will also be given to pensioners and care leavers.

"We have already committed to keeping council tax low, but this comprehensive package of actions shows that we want to do much, much more than that," said cabinet member for finance Cllr Angela Ireland (pictured right). "We will continue to work with our partners to ease the burden for local people."

How to get help

- If you are in receipt of free school meals, find out about **free holiday activities** plus a free meal on pages 24-25
- To claim **council benefits** including the Wandsworth Discretionary Social Fund (sometimes called Crisis Assistance), a Discretionary Housing Payment or housing and council tax benefits visit **wandsworth.gov.uk/benefits-andsupport** or call **(020) 8871 8081.**
- Find out about claiming the **Council Tax Energy Rebate** at **wandsworth.gov. uk/energy-rebate-payments**
- Wandsworth is supporting a weekly Energy Café run by Crew Energy at the Climate Hub in Southside. Go along on Fridays between noon and 4pm.
 - Grants are available to make your home more energy efficient. Visit wandsworth.gov.uk/GHG
 - Council tenants worried about debt can get support from the tenancy support team. Visit wandsworth.gov.uk/tenancysupport-services

Pledge to support local businesses



The council's new business spokesperson made meeting local businesses one of her top priorities during her first month in office.

Councillor Kemi Akinola joined a Wandsworth Chamber of Commerce meeting and breakfast event to hear how the local business and charity communities are recovering after the pandemic, while dealing with challenges such as recruitment, supply chains and space requirements. She said: "I'm committed to listening to local businesses and charities, hearing the issues they are facing and understanding how the council can support them.

"It was great to meet such a range of business owners and hear their passion for the borough. The business sector, working in partnership with the council, is key to the borough's recovery from the pandemic and overcoming new challenges. It's also important that we work together to improve access to work for young people, refugees and people who choose to make Wandsworth their home.

"Another top priority for me is ensuring the borough's community, charity and voluntary sector is much better supported, particularly at a time when its services are so needed. We're investing another £100,000 into the Wandsworth Grant Fund to help local organisations deliver support."

Beverley Corson, CEO of the Wandsworth Chamber of Commerce said: "We're looking forward to working together and providing support to achieve the council's objectives in Wandsworth."

Voluntary sector to be strengthened

The council is commissioning an independent report on the borough's voluntary sector to see how it can be strengthened.

"It's time to have a real dialogue with our voluntary and community sector so that we can find out what local needs are, what gaps there are in provision and how we can make it work for everyone," said cabinet member for the voluntary sector, business engagement and culture Cllr Kemi Akinola.

Wandsworth has more than 900 voluntary and community organisations, many led and run by volunteers, including Age UK Wandsworth, Alzheimer's Society Wandsworth, Hestia, Katherine Low Settlement, Mushkil Aasaan, Regenerate RISE, The Furzedown Project, Wandsworth Asian Women's Association and Wandsworth Carers Centre.

Find out about local volunteering opportunities, and how organisations can recruit volunteers, at wandsworth. gov.uk/leisure-and-culture/volunteering/ and at wandsworthcarealliance.org.uk/volunteer-service

Link UP London is looking for volunteers willing to share professional skills such as IT, marketing, HR, legal and finance. It supports small London-based charitable organisations working to alleviate poverty, marginalisation and vulnerability in their communities. Find out more at linkuplondon.org

One of Age UK Wandsworth's volunteer befrienders says of her volunteering experience: "I am so fond of my older friend and she has said how much I have done for her, which is an absolute pleasure. This has been such a rewarding relationship". Visit **ageuk.org.uk/wandsworth** to see how you can help.





Wandsworth is safe sanctuary

Wandsworth is to become an official Borough of Sanctuary, providing a safe haven for people fleeing persecution.

Extra staff will work to make sure the borough is ready to provide as much support as possible for refugees.

In recent months, as well as providing homes for people from Afghanistan, Wandsworth has supported local people to sponsor around 850 people fleeing the war in Ukraine. A town hall information session was attended by around 200 sponsors, with another in the pipeline. Find out more at **Wandsworth**. **gov.uk/ukraine**

Deputy council leader Cllr Kemi Akinola recently attended a Refugee Week reception hosted by the Wandsworth Refugee Champion, Deputy Mayor of Wandsworth Cllr Sarmila Varatharaj (pictured above). Cllr Akinola said: "Since the arrival of the Huguenots, Wandsworth has prided itself as a home for people fleeing wars and persecution. Wandsworth people are special and our communities are warm and welcoming.

"Now we want to put the structures in place to ensure the borough will always welcome refugees, who over the years have done so much to make the borough what it is today."

Hundreds helped by EU project

Citizens Advice Wandsworth's EU Project has supported almost 500 people to apply for settled status since it was set up in partnership with Wandsworth Council in November 2017, and has hosted 146 information events.

The project helps Wandsworth residents who are EU citizens apply for settled and pre-settled status so they can secure their rights to continue living in the UK.

It is still possible to submit late applications to the EU Settlement Scheme and CAW will be offering support until at least September.

Visit cawandsworth.org/our-projects/eu-project email euadviceservice@cawandsworth.org or call 07761 917510 Monday to Friday 10am to 4pm.

election results Your new look council

Your Councillors by Ward

The result of the May 5 election has seen the Labour Party take control of Wandsworth Council. The new make-up of the council is now Labour 35, Conservative 22, Independent 1. Voter turn-out across the borough was 41.24 per cent.

Labour

Katrina

Ffrench

Labour

Balham

Hamilton

Conservative





Conservative

Jo Rigby Hedges Labour



Juliana Annan Labour

Furzedown

Battersea Park



Maurice Mcleod Labour

East Putney





Crivelli

Conservative



Ravi Govindia Conservative

Falconbrook





Simon Hogg Labour Leader of the Council

Kate Stock Labour Cabinet Member

(Children)

Nine Elms



Matthew Corner Conservative



Mark Justin Conservative

Shaftesbury & Queenstown



Aydin Dikerdem Labour Cabinet Member (Housing)



Sara Linton Labour

Stephen Worrall Labour



Leonie

Cooper

Labour



Emmeline Owens Conservative

Aled **Richards-**

South Balham



Clare Fraser Labour Cabinet Member (Transport)



Jones Conservative



Norman Marshall Labour



Labour Cabinet Member (Environment)



Cook

Conservative

Labour



Tom Pridham Conservative

Roehampton



Graeme Henderson Labour Cabinet Member (Health)





Jenny Yates Labour

Southfields



Conservative Deputy Leader of the Opposition



Guv Humphries Conservative











St Mary's



Jamie Colclough Labour



La Soujeole Conservative

Labour





Conservative Jeffreys Conservative



John Locker Conservative





Sheila Boswell Labour

Annamarie Critchard

Labour



Labour

Tooting Broadway



Deputy Leader of

the Council and

Cabinet Member

Labour

(Voluntary Sector, business engagement and culture)

Kate Forbes

Labour

Trinity

Labour



Mayorcas Labour



Wandle

Denise Paul Labour



Sarmila Varatharaj Labour The Deputy Mayor

Wandsworth Common





Rosemary Birchall Conservative Angela Graham Conservative



Conservative

Peter Graham

Sarah Davies Labour



Ghossain Conservative

West Hill

Malcolm Grimston



Angela Ireland Labour Cabinet Member (Finance)

West Putney



Ambache

Labour The Mayor



Claire Gilbert Labour

Steffi Sutters Conservative

Wandsworth Town

Sana Jafri Labour

Will Sweet Conservative Leader of the

Opposition



Independent

Find out which ward you live in and who your local councillors are at wandsworth.gov.uk/councillors

visit wandsworth.gov.uk



f wandsworth.council





Shannon Katiyo, Director of Public Health, Wandsworth Council speaks to NHS and council staff by the health bus

COME and have

All aboard **Charles the health bus**

The council's health bus has been visiting locations across the borough with its community health champions and NHS staff, giving advice to stay healthy, manage your weight and stop smoking, as well as administering the COVID-19 vaccine.

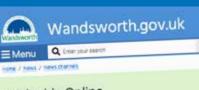
Community health championsalong with a pharmacist and NHS colleagues have been doing free blood pressure checks for residents' as well as offering advice to prevent conditions like diabetes, cancer and heart disease and answering questions about COVID and other vaccinations.

The bus has already visited locations in Tooting, Roehampton, the Henry Prince and Alton Estates, with many more visits over the coming weeks and months.

The public health team have mapped out a route for the bus covering many locations across the borough.

The outreach bus has been providing tips and advice on a range of health conditions,

- Tips to stay healthy and active, as well as managing your weight
- Blood pressure checks
- Help to stop smoking



Brightside Online

- Preventing and reducing your risk for several diseases, including diabetes, cancer and heart disease
- Immunisations for you and your family
- Information about the COVID-19 vaccines, get the vaccine on the day
- Post-COVID-19.

Look out for the next dates

To find out when the bus is coming to you, subscribe to the weekly council e-newsletter, Brightside online: Wandsworth.gov.uk/news Our health bus is all about making it easier and more convenient for Wandsworth residents to stay healthy and well – by bringing health services and advice to you and help to combat the health inequalities that exist in Wandsworth

Councillor Graeme Henderson cabinet member for health



Stay healthy and manage your wellbeing

If you aren't able to come along and discuss any health concerns you may have when the bus comes to your area, there are many other ways you can access local health service and advice, as well as all the usual routes, like speaking to your GP.

Health checks for 40+

Wandsworth Council is encouraging people aged between 40 and 74 years to get a FREE NHS Health check. Even though you might be feeling great, if you are aged over 40 you may be at risk of diabetes, kidney disease, heart disease, stroke or dementia. Search for "NHS health checks" to get a FREE health check-up.

COME and have a CHAT today about YOUR HEALTH...

Did you know? - you can speak to your pharmacist for health advice

As well as speaking to your GP, you can speak to your local pharmacist for treatment and advice about a range of common conditions and minor injuries.

This includes aches and pains, sore throat, coughs, colds, flu, earache, cystitis, skin rashes, teething in babies, eye redness and infections. You can also get your blood pressure, cholesterol and blood sugar levels checked in some pharmacies.

Come chat about...

Stop smoking

Wandsworth council offers a free stop smoking help and advice service.

wandsworth.gov.uk/stopsmoking

Dementia

There are lots of things you can do to reduce your risk of dementia, as well as help your living well with it

wandsworth.gov.uk/dementia

Healthy eating and weight loss

Visit the NHS website for eight practical tips to help you make healthier life choices.

nhs.uk/live-well

Diabetes

Around three in five cases of Type 2 diabetes can be prevented or delayed with a healthy lifestyle.

wandsworth.gov.uk/diabetes

Exercise and physical activity

Exercise and physical activity can help you to manage and prevent many conditions and diseases.

wandsworth.gov.uk/physical-activity

Mental health

Tips and advice to manage your mental health and wellbeing.

wandsworth.gov.uk/mental-health

Cancer

4 in 10 cancer cases could be prevented through lifestyle changes.

wandsworth.gov.uk/cancer

Immunisations

Immunisations are the most important thing we can do to protect ourselves and our children against ill health.

wandsworth.gov.uk/immunisation

COVID-19 vaccine

The vaccine, and booster doses, continue to offer best possible protection against COVID-19.

wandsworth.gov.uk/ getcovid19vaccine

Visit the council webpages to find out more wandsworth.gov.uk/publichealth

Help prevent 'self-neglect'

Self-neglect is when people are unable to look after their own basic needs – like hoarding, neglecting their own health or hygiene or not cleaning their home.

Wandsworth's Safeguarding Adults Board wants to raise awareness about this serious and complex issue, and is urging anyone concerned about themselves or someone else to get in touch.

Self-neglect could be caused by illness, age or poor mental health, and can be difficult to treat but not tackling it can lead to the problem getting much worse. The borough's adult social care, NHS, housing, mental health services, police and fire brigade work together to establish a relationship with the person and come up with solutions.

Self-neglect is considered a form of adult abuse, and you can report it at **wandsworth.gov.uk**/ **report-adult-abuse**



Julie's neighbour made a referral after noticing that Julie had lost weight, her appearance looked neglected and she had a lot of black bags piled up in the hallway of her flat.

The fire brigade installed smoke alarms, Julie's doctor did a full physical and mental health assessment and treated an underlying infection, and a care assessment was carried out, leading to Julie getting a visit from a carer once a day.

A housing officer supported Julie to declutter her flat and Age UK Wandsworth stepped in to take Julie out and reduce her isolation.



TYPE 2 DIABETES KNOW YOUR RISK

Finding your risk of Type 2 diabetes only takes a few minutes. It could be the most important thing you do today...

Check your risk online at nhsdpp.diabetes.org.uk/c/wandsworth



Wandsworth Clinical Commissioning Group



Source: Public Health Annual Report 2016 - Diabetes in Wandsworth



15,000 residents are living with the condition.



and another 25,000 are on the verge of getting it.





Westminster Kingsway College

Don't miss out APPLY APPLY UDV to study with us

Whether you're in Year 11

and looking at what to do next, or looking to get a job, advance in your career, go to university, or start something new, Westminster Kingsway College can help you achieve your ambitions.

We have a large variety of courses taught by industry experts – including A Levels (available at our King's Cross and Victoria centres), practical work-based vocational courses, Access to Higher Education diplomas, apprenticeships, and more.

> All of our courses from Entry Level to Level 2 are **FREE**, regardless of your age or income.

> > part of Capital City College Group

BEGINS A VESTKIN

westking.ac.uk

courseinfo@westking.ac.uk 020 7963 4181



We went along to some of your Platinum Jubilee street parties and celebrations and found the Wandsworth community having a fantastic time raising a glass to Her Majesty with their friends and neighbours.

















Jubilee masks in Battersea





Ormerley Road, Balham



Don't know what to do this summer?

Wandsworth Connected has you covered!

The council, working alongside schools and local community partners, has put together a massive programme of events for the whole community at venues all over the borough.

We want to reach everyone and bring young people together – whatever their background. We'll be targeting the people who need it most – like children in receipt of free school meals who can enjoy free activities plus a free lunch, plus things to do for children with special needs. But we want everyone to have fun this summer with sport, arts and crafts, cooking, drama, music, trips out, summer schemes and much, much more.

There's also a chance to learn new skills and opportunities for parents to get some advice and support on issues such as housing and finance, early years and special educational needs at our Get Connected Hubs. Activities will be run in local playschemes, playgrounds, children's centres, youth clubs, libraries, parks, community centres and many other places where young people go. You can visit our Family Information Service to see a full programme and book your place. There's also an interactive map on there so you can find activities local to you.



WANDSWORTH CONNECTED

Find out more scan this QR code fis.wandsworth.gov.uk



We have listened and heard what children and young people want from a holiday programme, including...

^cmore projects with friends²

[•]projects to get voice heard, speak your mind and meet new people[•]

*activities to re-build self confidence³ and *workshops around life

skills and help getting a job.

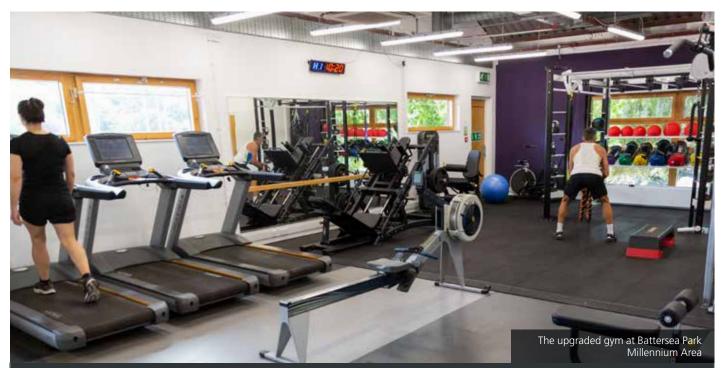
Get Connected Hubs

Roehampton Tuesdays Key Location 166 Roehampton Lane Tooting Wednesdays Key Location Early Years Centre, Siward Road Battersea Thursdays Key Location Yvonne Carr, Thessaly Roadand at community locations across the borough.



Wandsworth Connected is a chance for children and families to get connected with others, with their local community, the services they need and most importantly have fun over the holidays! We have something for everyone to get involved. We know many people are feeling the pinch this summer so we have made it easier to find free and low-cost activities so everyone can get connected, meet and make new friends, have a fun holiday experience and make this summer one to remember.

Cabinet member for children Cllr Kate Stock



Sport centre upgrades

TWO OF WANDSWORTH'S BEST-LOVED SPORTING FACILITIES HAVE HAD AN UPGRADE.

The gym at Battersea Park Millennium Arena has got new equipment including an assault bike, ski-erg, functional rig, bands, TRX, boxing bag, slam balls, kettle bells, core bags, battle rope, new dumbbell set, dual-use resistance machines, a Smith machine, hack squat plus a new functional area. The Arena team will offer induction appointments to all existing and new members.

Meanwhile Tooting Bec Athletics Track and Gym has now re-opened following Wandsworth Council's £527,000 investment into re-surfacing the track. The gym has also been improved with new equipment, plus there are outdoor classes when weather permits.

Find out more about these and other sports centres at **enablelc.org/leisure/about-us** or email **fitness@enablelc.org** if you would like to view facilities before joining.







what's on?

EVENTS FOR JULY TO SEPTEMBER 2022

SCULPTURE IN BATTERSEA PARK Until October

Work by sculpture students from the Royal College of Art (RCA) is temporarily occupying the site of Dame Barbara Hepworth's Single Form (Memorial) sculpture in Battersea Park while it is away on loan. See this rolling programme of installations from a new generation of exciting new artists alongside a public programme of talks and events.

rca.ac.uk/news-and-events/events

Beach Volleyball Until mid-September

Weekly beginners and intermediate sessions on Tuesdays and Saturdays for all ages, plus the courts are available for hire all year round. Barn Elms Sports Centre enablelc.org/besc

The Putney Festival July 10-24

Celebration of the arts in Putney, including music and poetry putneyfestival.org

Dance and Play Day July 16, 10am-2pm

A free afternoon of relaxed performances, craft workshops and food. Yvonne Carr Children's Centre, Nine Elms nineelmslondon.com/danceandplay

The Story of Plastic July 16, 6pm

Mark Plastic Free July with a screening of this powerful documentary Wandsworth Climate Hub, Southside Shopping Centre



Drama workshops for 4-11 year olds August 22-26

Free workshops led by professional actors and themed around the Jungle Book. This has been supported by Wandsworth Council and is free to local children. You must sign up in advance. Jellyfishtheatre.com

South West London and St George's Mental Health Trust annual public meeting July 21

Find out about the new buildings about to open at Springfield Hospital. Please register in advance. swlstg.nhs.uk

Football Holiday Camp July 25-29

Five day camp covering basic skills for 8 to 13-year-olds. £70 Barn Elms Sports Centre enablelc.org/besc

The Next Stage July 25-29

The Baked Bean Company present their show week about navigating childhood to adulthood as a young person with a learning disability. Putney Arts Theatre Bakedbeancompany.com



PYE Summer Camps July 26-August 18

This camp supported by the Met Police offers summer activities for 9–16-year-olds. St Cecilia's CofE School, SW18 wandsworthsummercamp.org

I Have Five Daughters July 27-30

New Stagers present a morning-room comedy in three acts made from Jane Austen's novel Pride and Prejudice. Brimming with colour, elegance, and absurdity. St Anne's Hall, Wandsworth. newstagers.co.uk

Summer Camps August 8-26

Week-long holiday sports programmes for 8 to 13 year olds. £70 per camp Barn Elms Sports Centre enablelc.org/besc



Multi-sport Programme July 25-August 12

Open to everyone at primary school age. Including dodgeball, tennis, football, netball and athletics. £30 a day or £125 a week Millennium Arena, Battersea Park enablelc.org/bpma





Everything Early Years Funday July 22, 10am-2pm

Facepainting, arts and crafts, sensory area, storytelling and songs, a puppet theatre and entertainment from the Ministry of Giggles. Free

King George's Park, Wandsworth

Small Saints Every Tuesday during term time 10am-11.30am

Play, songs, refreshments and a short bible story. £10 per term or £1 per session. All Saints Church, Wandsworth allssaintswandsworth.org

Wandsworth Disability Sports Festival August 2, 4, 9 and 11

Multi-sports at the George Shearing Centre. Free and open to all ages. wandsworth.gov.uk/fis

Drag Bingo August 4

Drag bingo for grown ups plus theatre magic for little ones. The Bedford, Balham thebedford.com

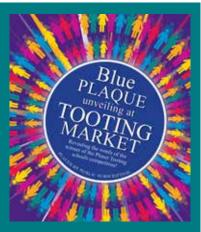
SAVE THE DATE

Brighter Living

The Brighter Living Fair on October 1-10 is an event for adults looking for care and support services in Wandsworth. Find out about how to get involved at wandsworth.gov.uk/ brighter-living-fair



Wandsworth Community Transport Wandsworth Community Transport is again offering Shopmobility shopping trips and summer outings. Find out more at wctbus.co.uk



September 10, 2pm Planet Tooting' Plaque Unveiling & Guided Walk

Its migrant population has helped turn Tooting into one of the most vibrant, cohesive and diverse communities in London. Join a guided walk at 2pm, followed by the unveiling of a plaque at 4pm at the Totterdown Street entrance to Tooting Market. The plaque features the words of the winner of a schools competition asking local schoolchildren how migration has enriched their community.

summerstown182.wordpress.com



Love Parks summer events

Entertainment in Wandsworth Park July 23

Live theatre and workshops from Pick Up Productions plus art and fitness classes and a Shakespeare trail curated by Friends of Wandsworth Park. Just turn up.

Entertainment at Furzedown Recreation Ground July 24

Live performances and workshops from Let's All Dance, alongside art and theatre workshops. Follow @enableparks for updates.



World Heart Beat

Tuesdays, Wednesdays and Thursdays to 2 August, 3.30 – 7.30pm

Throughout the summer, free outdoor piano lessons are available at Merchants Way, New Covent Garden Market on Tuesdays, Wednesdays and Thursdays from 3.30 – 7.30pm. If you're aged 5-25 years and interested in piano, guitar or vocal lessons, or if you're a musician keen to find a regular space to practice or to perform al fresco then World Heart Beat would love to hear from you. The pop-up music space in a colourful alcove along this Nine Elms walkway is available for six weeks until Tuesday 2 August. To find out more, please email info@worldheartbeat.org Alcove 3, Merchants Way, Nine Elms, SW8 5EL

Proms at Battersea August 8

Leif Ove Andsnes and three Mahler Chamber Orchestra members perform Mozart's Piano Trio KV 502 and Piano Quartet KV 493. Battersea Arts Centre bac.org.uk

Baby Broadway Family Concert August 12

Give your little ones their first taste of the magic of musicals. West End performers singing well-known songs from the shows. The Turbine Theatre, Circus West, Battersea Theturbinetheatre.com



Summer Reading Challenge Wandsworth libraries will again be taking part in the challenge to keep reading during the summer holidays. This year's theme is Gadgeteers. Visit your local library for details or go to summerreadingchallenge.org.uk

Big City Butterflies July 27, 11am-1.30pm

Take part in the Big City Butterflies Butterfly Identification and recording workshop, gain skills and knowledge in identifying and recording butterflies and help establish more thorough recording across Wandsworth. Includes a one-hour talk followed by a guided tour of Tooting Common. Please book in advance. Woodfield Pavilion eventbrite.co.uk/e/butterflyidentification-and-recordingworkshop-tickets-352879059767



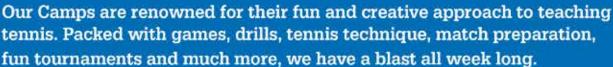
let's get started this holiday!

Book your place now - enter 'brightside' for 10% OFF

....

alistartennis

startennison





fun tournaments and much more, we have a blast all week long.

See you on court! allstartennis.co.uk / info@allstartennis.co.uk

Doing it online

Using our website helps keep your council tax bills low

Report a waste problem wandsworth.gov.uk/waste

Request a housing repair wandsworth.gov.uk/housingonline

Search planning applications wandsworth.gov.uk/planningregister

Report a street problem wandsworth.gov.uk/streets

Apply for a school place eadmissions.org.uk

Book an MOT wandsworth.gov.uk/MOT

Report noise and nuisances wandsworth.gov.uk/noise

Apply or renew a parking permit wandsworth.gov.uk/parkingpermits

Report graffiti for removal wandsworth.gov.uk/graffiti **Report an abandoned vehicle** wandsworth.gov.uk/abandonedvehicles

Tell us if you are moving in or out of Wandsworth wandsworth.gov.uk/MIMO

Enquire about your housing options wandsworth.gov.uk/housingoptions

Pay it online

It's now easier to pay online at wandsworth.gov.uk/payments

Pay your council tax wandsworth.gov.uk/paycounciltax

Pay a parking fine wandsworth.gov.uk/parking/payment

Pay your rent wandsworth.gov.uk/rents Pay for a marriage or civil partnership

Talk to us online

weekly e-newsletter wandsworth.gov.uk/enews ceremony wandsworth.gov.uk/ceremonypayment Pay your business rates wandsworth.gov.uk/paybusinessrates Pay a waste or littering penalty wandsworth.gov.uk/waste-enforcement



facebook.com/wandsworth.council



twitter.com/wandbc

instagram.com/wandsworth_council

My Account

Create an account and you will only have to sign in once to access the main council services. wandsworth.gov.uk/myaccount

Other contacts at the council

Adult Social Services (020) 8871 7707

Births, Deaths, Marriages and Voting Hotline (020) 8871 6120

Early Years and Childcare Hotline including Family Information Service and After School and Holiday Play Centre bookings (020) 8871 7899

Environmental Services including noise, pest control, private housing and licensing (020) 8871 6127

Finance Hotline including benefits, council tax, rents and business rates (020) 8871 8081

Housing Hotline including housing management and repairs, service charges, home

ownership, homelessness and housing advice (020) 8871 6161

Parking and Streets Hotline including concessionary travel, blue badges, MOTs, highways and skip licensing and bay suspensions (020) 8871 8871

Planning and Building Control hotline including Community Infrastructure Levy (CIL), land searches and street naming and numbering (020) 8871 7620

Schools and Admissions (020) 8871 7316

Waste Hotline including rubbish, recycling and litter (020) 8871 8558

COME and have a CHAT today about YOUR HEALTH...

Jump aboad the Wandsworth Health Bus for:

- Tips to stay active and manage your weight
- Blood pressure checks
- Help to stop smoking

- Tips to prevent diabetes, cancer and heart disease
- Advice about immunisations
- Get the COVID-19 vaccine and discuss any concerns you may have

Email updates To find out when the health bus is coming to you, sign up for Wandsworth council's e-newsletter **wandsworth.gov.uk/news**

Find out more about how to access local health services, as well as advice from Wandsworth Council's public health team on Page 19 of this issue. **wandsworth.gov.uk/publichealth**

